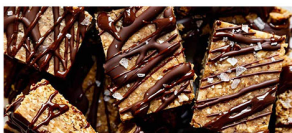


HIGH-PROTEIN NO-BAKE DESSERTS

	RECIPE	PROTEIN
	Cashew Energy Bites	6.2 Grams
	Soft Granola Bars	9.4 Grams
	Vegan Protein Bars	11 Grams
	Pumpkin Protein Balls	5 Grams
	Peanut Butter Protein Balls	9 Grams
	Protein Cookie Dough Truffles	5 Grams
	Mini Peanut Butter Protein Bars	7 Grams
	Cottage Cheese Cookie Dough	14 Grams
	Cottage Cheese Chocolate Mousse	9.7 Grams

HIGH-PROTEIN BAKED DESSERTS

RECIPE		PROTEIN
	3-Ingredient Cookies	6.8 Grams
	PB Chocolate Chip Cheesecake Bars	5.6 Grams
	Protein Peanut Butter Cookies	6 Grams
	Protein Brownies	7 Grams
	Protein Mug Cake	18 Grams
	Greek Yogurt Berry Tart	10 Grams
	Protein Strawberry Shortcake	15 Grams
	Zucchini Chocolate Muffins	16 Grams
	Protein Cake	15 Grams
	Apple Cinnamon Protein Muffins	7 Grams