

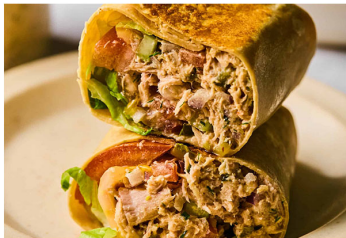
HIGH-PROTEIN CHICKEN WRAPS

RECIPE		PROTEIN
	Peanut Chicken Wrap	20 Grams
	Buffalo Chicken Wrap	25 Grams
	Thai Chicken Lettuce Wrap	25 Grams
	Southwest Chicken Wrap	24 Grams
	Honey Mustard Chicken Wrap	45 Grams
	Greek Chicken Wrap	44 Grams
	Asian Chicken Lettuce Wrap	28 Grams
	Chicken Caesar Wrap	21 Grams
	Gochujang Grilled Chicken Wrap	50 Grams
	Jalapeno Popper Chicken Wrap	23 Grams

HIGH-PROTEIN SEAFOOD WRAPS

RECIPE

PROTEIN



Chipotle Ranch Tuna Wrap

**38
Grams**



Easy Tuna Wrap

**23.5
Grams**



Shrimp Lettuce Wrap

**37
Grams**

HIGH-PROTEIN VEGETARIAN WRAPS

RECIPE		PROTEIN
	1-Minute Hummus Wrap	17 Grams
	Cottage Cheese Wrap	30 Grams
	Cottage Cheese & Egg Whites Wrap	34 Grams
	Spinach and Feta Wrap	48 Grams
	Egg, Spinach & Feta Wrap	23 Grams
	Starbucks Egg White Wrap	22 Grams